**Cup Stacking Unit**

Week1

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| **MONDAY** | **WEDNESDAY** | **FRIDAY** |
| * Instant Activity * History * Terminology * Rules * Equipment * Notebooks   **Week2** | * Instant Activity * Set Induction * Upstacking and Downstacking * 3-3-3 Stack * Closure (Notebooks) | * Instant Activity * Set Induction * Upstacking and Downstacking * 3-6-3 Stack * Closure (Notebooks) |
| * Instant Activity * Set Induction * Review * 3-3-3 * 3-6-3 * Closure (Notebooks) | * Instant Activity * Set Induction * Stopwatch 3-3-3 * Stopwatch 3-6-3 * Closure (Notebook) | * Instant Activity * Set Induction * Set Your Best (Individual Performance) * Closure (Notebook) * What did you think? |